Mental Health and Social Care
Current Awareness Bulletin

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Contents

News
Reports
NICE Guidelines
Research Articles

Addictions
ADHD/Autism
Anxiety Disorders
Child and Adolescent Mental Health
Dementia
Depressive Disorders
Dual Diagnosis
Eating Disorders
Forensic Psychiatry
Learning Disabilities

Occupational Therapy
Perinatal and Infant Mental Health
Personality Disorders
Psychology and Psychotherapy
Psychopharmacology
Schizophrenia/Psychosis
Service Development and Delivery
Self-harm and Suicide
Social Work

News Headlines

Anxiety in teenage girls rises sharply in past decade, finds study
Personalising support for people living with autism
Rise in prisoners moved to mental health hospitals
Sixty seconds on . . . CBT apps
Connect, communicate and care on World Suicide Prevention Day
New £816 million investment in health research

Reports

Mental health crisis care: health based places of safety funding
Department of Health, 2016
Support from the Start: Commissioning for early intervention in mental ill health
NHS Clinical Commissioners, September 2016
NICE Guidelines

Mental health problems in people with learning disabilities: prevention, assessment and management (NG54)
Dementia: supporting people with dementia and their carers in health and social care (CG42)

Research Articles

Addictions

Outcomes of Patients in Long-Term Opioid Maintenance Treatment
Substance Use & Misuse, 51:11 (2016)

Reviewing and interpreting the effects of brief alcohol interventions: comment on a Cochrane review about motivational interviewing for young adults
Addiction, 111:9 (2016)

Web-based self-help intervention reduces alcohol consumption in both heavy-drinking and dependent alcohol users: A pilot study
Addictive Behaviors, 63 (2016)

ADHD/Autism

Hyperbaric oxygen therapy for the treatment of children and youth with Autism Spectrum Disorders: An evidence-based systematic review
Research in Autism Spectrum Disorders, 29-30 (2016)

A national study to investigate the clinical use of standardised instruments in autism spectrum disorder assessment of children and adults in Scotland
Research in Autism Spectrum Disorders, 29-30 (2016)

The Social Living Complex: A New, All Day, Yearlong Intervention Model for Individuals with Autism Spectrum Disorder and Their Parents

A Meta-Analytic Review of the Efficacy of Physical Exercise Interventions on Cognition in Individuals with Autism Spectrum Disorder and ADHD

Realizing a diagnosis of autism spectrum disorder as an adult
### Anxiety Disorders

- **A randomized controlled trial of attention bias modification training for socially anxious adolescents**  
  *Behaviour Research and Therapy, Volume 84 (2016)*

### Child and Adolescent Mental Health

- **Voiding postponement in children—a systematic review**  
  *European Child and Adolescent Psychiatry, 25:8 (2016)*

- **Universal parent training as a supplement to inpatient psychiatric treatment for children and adolescents**  
  *European Child and Adolescent Psychiatry, 25:8 (2016)*

- **Survey of schools’ work with child and adolescent mental health across England: a system in need of support**  
  *Child and Adolescent Mental Health, 21:3 (2016)*

- **Practitioner Review: Treatments for Tourette syndrome in children and young people – a systematic review**  
  *Journal of Child Psychology & Psychiatry, 57:9 (2016)*

- **The health needs and healthcare experiences of young people trafficked into the UK**  
  *Child Abuse and Neglect, 59 (2016)*

### Dementia

- Nothing new this issue.

### Depressive Disorders

- **Cost and Outcome of Behavioural Activation versus Cognitive Behavioural Therapy for Depression (COBRA): a randomised, controlled, non-inferiority trial**  
  *The Lancet, 388:10047 (2016)*

- **Comparative efficacy and tolerability of antidepressants for major depressive disorder in children and adolescents: a network meta-analysis**  
  *The Lancet, 388:10047 (2016)*

- **Physical activity and sedentary behavior in people with bipolar disorder: A systematic review and meta-analysis**  
  *Journal of Affective Disorders, Volume 201 (2016)*

- **Late-life depression symptom dimensions and cognitive functioning in the Longitudinal Aging Study Amsterdam (LASA)**  
  *Journal of Affective Disorders, Volume 201 (2016)*

- **When less could be more: Investigating the effects of a brief internet-based imagery cognitive bias modification intervention in depression**  
  *Behaviour Research and Therapy, Volume 84 (2016)*
**Dual Diagnosis**

*Adolescent treatment outcomes for comorbid depression and substance misuse: A systematic review and synthesis of the literature*
*Journal of Affective Disorders, Volume 201 (2016)*

**Eating Disorders**

*Chew and Spit (CHSP): a systematic review*
*Journal of Eating Disorders, 4:23 (2016)*

**Forensic Psychiatry**

*Essential elements of treatment and care in high secure forensic inpatient services: an expert consensus study*
*Journal of Forensic Practice, 18:3 (2016)*

*What is effective in promoting a healthy lifestyle in secure psychiatric settings? A review of the evidence for an integrated programme that targets modifiable health risk behaviours*
*Journal of Forensic Practice, 18:3 (2016)*

**Learning Disabilities**

*‘I didn’t know other people existed who hear voices…’ – qualitative perceptions of a hearing voices group for people with learning disabilities*
*British Journal of Learning Disabilities, 44:3 (2016)*

*Mental health services for children and adolescents with learning disabilities: a review of research on experiences of service users and providers*
*British Journal of Learning Disabilities, 44:3 (2016)*

*Dialectical behaviour therapy in an inpatient unit for women with a learning disability*
*Journal of Intellectual Disabilities, 20:3 (2016)*

**Occupational Therapy**

*Effectiveness of a Sensory-Enriched Early Intervention Group Program for Children With Developmental Disabilities*
*American Journal of Occupational Therapy, 70:5 (2016)*

*Sensory Patterns, Obesity, and Physical Activity Participation of Children With Autism Spectrum Disorder*
*American Journal of Occupational Therapy, 70:5 (2016)*
Perinatal and Infant Mental Health

Antipsychotic Use in Pregnancy and the Risk for Congenital Malformations
*JAMA Psychiatry, 73:9 (2016)*

Personality Disorders

On the role of oxytocin in borderline personality disorder
*British Journal of Clinical Psychology, 55:3 (2016)*

Pathological narcissism and somatic symptoms among men and women attending an outpatient mental health clinic
*International Journal of Psychiatry in Clinical Practice, 29:3 (2016)*

Psychology and Psychotherapy

A comprehensive meta-analysis of cognitive-behavioral interventions for social anxiety disorder in children and adolescents
*Journal of Anxiety Disorders, Volume 42(2016)*

Brief intensive CBT for pediatric OCD with E-therapy maintenance
*Journal of Anxiety Disorders, Volume 42(2016)*

Psychopharmacology

Adverse Effects of Psychotropic Medications: A Call to Action
*Psychiatric Clinics of North America, 39:3 (2016)*

Schizophrenia/Psychosis

Evaluation of a tailored training programme to improve the assessment and treatment of trauma in an Early Intervention in Psychosis (EIP) service
*Psychosis, 8:3 (2016)*

Forty years of structural imaging in psychosis: promises and truth
*Acta Psychiatrica Scandinavica, 134:3 (2016)*

Self-harm and Suicide

Suicide risk and absconding in psychiatric hospitals with and without open door policies: a 15 year, observational study
*The Lancet Psychiatry, 3:9 (2016)*
Nothing new this issue.

**Social Work**

**Resilience Protective Factors in an Older Adult Population: A Qualitative Interpretive Meta-Synthesis**

*Social Work Research*, 40:3 (2016)

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