Mental Health and Social Care
Current Awareness Bulletin

News Headlines

Autism: Scientists take 'first steps' towards biological test
Debtors with mental health problems need 'breathing space'
Self-harm increases by 68% in teen girls
Helpline for troops battling 'devastating' mental health issues
Chronic heavy drinking leads to serious risk of dementia, study warns
Eating disorders: NHS reports surge in hospital admissions
Most UK cannabis 'super strength skunk'
Improving access to psychological therapies in England
Large study is “robust” evidence of link between chronic heavy drinking and dementia
Many CCGs are failing to boost mental health funding, BMA warns
PHE publishes independent expert e-cigarettes evidence review

Reports

Commissioning impact on drug treatment: government response
Department of Health and Social Care, February 2018
Choice in mental health care  
*NHS England*, February 2018

Suicide Prevention: Policy and Strategy  
*House of Commons Library*, February 2018

Don’t be left in the dark: children and young people's mental health  
*Local Government Association*, February 2018

Collaborative Care: An Exploration into Core Tenets, Fidelity, and Policy  
*Centre for Mental Health*, January 2018

Promising approaches to living well with dementia  
*Age UK*, February 2018

Understanding recovery from a family perspective: A survey of life in recovery for families  
*Alcohol Research UK*, February 2018

### NICE Guidelines

People's experience in adult social care services: improving the experience of care and support for people using adult social care services  
*NICE Guideline [NG86]*, February 2018

Mental health of adults in contact with the criminal justice system  
*NICE Quality Standard [QS163]*, February 2018

### Research Articles

#### Addictions

Emerging role for the medial prefrontal cortex in alcohol-seeking behaviors  
*Addictive Behaviors*, 77 (2018)

Alexithymia and problematic alcohol use: A critical update  
*Addictive Behaviors*, 77 (2018)

#### ADHD/Autism

Don’t ask me what’s the matter, ask me what matters: Acute mental health facility experiences of people living with autism spectrum conditions  

The experience and impact of anxiety in autistic adults: A thematic analysis  

Systematic review of meditation-based interventions for children with ADHD  

A review of emergency department visits made by youth and adults with autism spectrum disorder from the parent perspective  
Anxiety Disorders

Anxiety Disorders in Old Age: Psychiatric Comorbidities, Quality of Life, and Prevalence According to Age, Gender, and Country
_The American Journal of Geriatric Psychiatry, 26:2 (2018)_

Child and Adolescent Mental Health

Can We Predict and Prevent Subclinical Depression in Adolescents?
_The Journal of Nervous and Mental disease, 206:2 (2018)_

Research Review: Harnessing the power of individual participant data in a meta-analysis of the benefits and harms of the Incredible Years parenting program

A single-session growth mindset intervention for adolescent anxiety and depression: 9-month outcomes of a randomized trial

Clinician-rated and self-reported psychotic-like experiences in individuals accessing a specialist Youth Mental Health Service
_British Journal of Clinical Psychology, first published online 27/02/2018_

Dementia

Affective and emotional dysregulation as pre-dementia risk markers: exploring the mild behavioral impairment symptoms of depression, anxiety, irritability, and euphoria
_International Psychogeriatrics, 30:2 (2018)_

Differentiating Between Apathy and Depression in Patients With Parkinson Disease Dementia
_American Journal of Alzheimer’s Disease & Other Dementias, 33:1 (2018)_

How music can improve dementia care
_British Journal of Healthcare Assistants, 12:2 (2018)_

Depressive Disorders

Risk of recurrence after a single manic or mixed episode – a systematic review and meta-analysis
_Bipolar Disorders, 20:1 (2018)_

Psychosis in bipolar disorder: Does it represent a more “severe” illness?
_Bipolar Disorders, 20:1 (2018)_

Seeing the signs: Using the course of residual depressive symptomatology to predict patterns of relapse and recurrence of major depressive disorder
_Depression and Anxiety, Volume 35 (2018)_

Predictors of treatment outcome in depression in later life: A systematic review and meta-analysis
Dual Diagnosis

Experiences of Professional Helping Relations by Persons with Co-occurring Mental Health and Substance Use Disorders
*International Journal of Mental Health and Addiction, 16:1 (2018)*

Self-Injuring Behavior and Mental Illness in Opioid-Dependent Patients Treated with Implant Naltrexone, Methadone, and Buprenorphine in Western Australia
*International Journal of Mental Health and Addiction, 16:1 (2018)*

Eating Disorders

Augmentative Approaches in Family-Based Treatment for Adolescents with Restrictive Eating Disorders: A Systematic Review
*European Eating Disorders Review, 26:2 (2018)*

A pilot evaluation of a novel First Episode and Rapid Early Intervention service for Eating Disorders (FREED)
*European Eating Disorders Review, 26:2 (2018)*

Forensic Psychiatry

Characteristics and Needs of Long-Stay Forensic Psychiatric Inpatients: A Rapid Review of the Literature

A Theoretical and Empirical Review of Dialectical Behavior Therapy Within Forensic Psychiatric and Correctional Settings Worldwide

Learning Disabilities

A systematic review of the evidence regarding cognitive therapy skills that assist cognitive behavioural therapy in adults who have an intellectual disability

Mental capacity legislation and its impact on parents with learning difficulties involved in childcare and family law proceedings assessments in England and Wales

Occupational Therapy

Interventions for Women With Substance Abuse Issues: A Scoping Review
Research Opportunities in the Area of Adults With Alzheimer’s Disease and Related Neurocognitive Disorders

Perinatal and Infant Mental Health
Nothing new this issue.

Personality Disorders
Nothing new this issue.

Psychology and Psychotherapy

Long-term effectiveness of cognitive behavioral therapy for youth with anxiety disorders
Journal of Anxiety Disorders, Volume 53 (2018)

Psychopharmacology

Metabolic risk factors in schizophrenia and bipolar disorder: The effect of comedication with selective serotonin reuptake inhibitors and antipsychotics
European Psychiatry, Volume 48 (2018)

Female psychopharmacology matters! Towards a sex-specific psychopharmacology

Long-term effectiveness of aripiprazole once-monthly for schizophrenia is maintained in the QUALIFY extension study
Schizophrenia Research, 192 (2018)

Schizophrenia/Psychosis

An overview of medical risk factors for childhood psychosis: Implications for research and treatment
Schizophrenia Research, 192 (2018)

Elevated clozapine levels associated with infection: A systematic review
Schizophrenia Research, 192 (2018)

Mindfulness- and acceptance-based interventions for psychosis: Our current understanding and a meta-analysis
Schizophrenia Research, 192 (2018)

Self-harm and Suicide
Functional disability and suicidal behavior in middle-aged and older adults: A systematic critical review
*Journal of Affective Disorders, Volume 227 (2018)*

Factors Associated with Suicide in Four Age Groups: A Population Based Study
*Archives of Suicide Research, 22:1 (2018)*

Use of Prescription Medication by Individuals Who Died by Suicide in Northern Ireland
*Archives of Suicide Research, 22:1 (2018)*

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**Service Development and Delivery**

Violence in mental health settings: A systematic review

Assessing the complexity of adult ASD cases across three areas in Southern England: a service evaluation
*Advances in Autism, 4:1 (2018)*

Transparency about the outcomes of mental health services (IAPT approach): an analysis of public data
*The Lancet, 391:10121 (2018)*

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**Social Work**

The perceptions regarding social workers from within an integrated trust in an age of austerity
*Journal of Integrated Care, 26:1 (2018)*

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