News

'Benefit changes adding to mental health problems'
Potent cannabis increases risk of serious mental illness, says study
Esketamine: US regulator approves nasal spray to treat depression
MSPs call for study of social media impact on mental health
University of East Anglia: 'Mental health improvements needed'
Suffolk to pour £2.6m into investigating the link between mental and physical health

Reports

Children whose families struggle to get on are more likely to have mental disorders
Office for National Statistics, March 2019
Crack cocaine increase: inquiry findings
Public Health England and Home Office, March 2019
Using digital technology to design and deliver better mental health services
# New Filters to manage the impact of social media on young people’s mental health and wellbeing
All Party Parliamentary Group on Social Media and Young People’s Mental Health and Wellbeing, March 2019

NHS population screening: improving access for people with severe mental illness
Public Health England, March 2019

Review of the National Autism Strategy ‘Think Autism’: call for evidence
Department of Health and Social Care, March 2019

Improving young people’s experiences in transition to and from inpatient mental health settings
NICE, March 2019

Mental health services: addressing the care deficit
NHS Providers, March 2019

Exploring dementia and agitation: How public policy needs to respond
International Longevity Centre UK, March 2019

Monitoring the Mental Health Act in 2017/18
Care Quality Commission, February 2019

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**NICE Guidelines**

Suicide prevention: optimising medicines and reducing access to medicines as a means of suicide
NICE Key Therapeutic Topic [KTT24], March 2019

Psychotropic medicines in people with learning disabilities whose behaviour challenges
NICE Key Therapeutic Topic [KTT19], March 2019

Hypnotics
NICE Key Therapeutic Topic [KTT6], March 2019

Antipsychotics in people living with dementia
NICE Key Therapeutic Topic [KTT7], March 2019

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**Research Articles**

**Addictions**

Comparison of nicotine exposure during pregnancy when smoking and abstinent with nicotine replacement therapy: systematic review and meta-analysis
Addiction, 114:3 (2019)

Effects of prevention and harm reduction interventions on gambling behaviours and gambling related harm: An umbrella review
Addictive Behaviors, 90 (2019)

A review of the factors affecting the course and outcome of the treatment of substance use disorders
Journal of Substance Use, 24:2 (2019)

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**ADHD/Autism**

Evaluating response to group CBT in young children with autism spectrum disorder
An examination of the association between anxiety and social functioning in youth with ADHD: A systematic review
*Psychiatry Research, Volume 273 (2019)*

Journey to diagnosis for women with autism
*Advances in Autism, 5:1 (2019)*

Diagnosis and treatment of ASD in women in secure and forensic hospitals
*Advances in Autism, 5:1 (2019)*

Psychometric properties of questionnaires and diagnostic measures for autism spectrum disorders in adults: A systematic review
*Autism, 23:2 (2019)*

‘Something needs to change’: Mental health experiences of young autistic adults in England
*Autism, 23:2 (2019)*

Prevalence of psychiatric disorders in adults with autism spectrum disorder: A systematic review and meta-analysis
*Research in Autism Spectrum Disorders, 59 (2019)*

Prenatal and infant exposure to ambient pesticides and autism spectrum disorder in children: population based case-control study
*BMJ, 364 (2019)*

**Anxiety Disorders**

Predictors of long-term outcome of CBT for youth with anxiety disorders treated in community clinics
*Journal of Anxiety Disorders, Volume 59 (2019)*

The effects of psychosocial interventions on death anxiety: A meta-analysis and systematic review of randomised controlled trials
*Journal of Anxiety Disorders, Volume 59 (2019)*

Internet- and mobile-based interventions for anxiety disorders: A meta-analytic review of intervention components
*Depression and Anxiety, 36:3 (2019)*

Examining a training effect on the state anxiety response to an acute bout of exercise in low and high anxious individuals
*Journal of Affective Disorders, Volume 247 (2019)*

Applying attachment theory to indecisiveness in hoarding disorder
*Psychiatry Research, Volume 273 (2019)*

**Child and Adolescent Mental Health**

More than just characters in a story: effective and meaningful involvement of young people in mental health research
*Journal of Public Mental Health, 18:1 (2019)*
Overthinkers, attention-seekers and wallflowers: peer perceptions of clinical anxiety disorders in adolescence
*Journal of Public Mental Health, 18:1 (2019)*

Hypertensive disorders of pregnancy and the risk of anxiety disorders in adolescence: Findings from the Avon Longitudinal Study of Parents and Children
*Journal of Psychiatric Research, Volume 110 (2019)*

Practitioner Review: Therapeutics of unipolar major depressions in adolescents
*Journal of Child Psychology and Psychiatry, 60:3 (2019)*

Research Review: The effects of mindfulness-based interventions on cognition and mental health in children and adolescents – a meta-analysis of randomized controlled trials
*Journal of Child Psychology and Psychiatry, 60:3 (2019)*

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**Dementia**

Preventable hospitalizations among older patients with cognitive impairments and dementia
*International Psychogeriatrics, 31:3 (2019)*

Determinants of medication adherence in older people with dementia from the caregivers’ perspective
*International Psychogeriatrics, 31:3 (2019)*

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**Depressive Disorders**

Inflammatory profiles of severe treatment-resistant depression
*Journal of Affective Disorders, Volume 246 (2019)*

The Role of Self-Esteem in Depression: A Longitudinal Study
*Behavioural and Cognitive Psychotherapy, 47:2 (2019)*

High occupational level is associated with poor response to the treatment of depression: A replication study
*European Neuropsychopharmacology, 29:3 (2019)*

Evidence for underuse and overuse of antidepressants in older adults: Results of a large population-based study

Using Skype to Beat the Blues: Longitudinal Data from a National Representative Sample
*The American Journal of Geriatric Psychiatry, 27:3 (2019)*

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**Dual Diagnosis**

Concurrent treatment of substance use disorders and PTSD using prolonged exposure: A randomized clinical trial in military veterans
*Addictive Behaviors, 90 (2019)*
Behaviour and adaptive functioning in children and young people with fetal alcohol spectrum disorders: a UK study
*Advances in Dual Diagnosis, 12:1 (2019)*

## Eating Disorders

Disordered eating among Australian adolescents: Prevalence, functioning, and help received
*International Journal of Eating Disorders, 52:3 (2019)*

Alliance, technique, both, or more? Clinicians' views on what works in cognitive-behavioral therapy for eating disorders
*International Journal of Eating Disorders, 52:3 (2019)*

Recent Research and Personalized Treatment of Anorexia Nervosa
*Psychiatric Clinics of North America, 42:1 (2019)*

Cognitive Neuroscience of Eating Disorders
*Psychiatric Clinics of North America, 42:1 (2019)*

## Forensic Psychiatry

Integrated substance use rehabilitation in a secure forensic facility
*Journal of Forensic Practice, 21:1 (2019)*

Deliberate ingestion of foreign bodies as a form of self-harm among inpatients within forensic mental health and intellectual disability services
*Journal of Forensic Psychiatry & Psychology, 30:2 (2019)*

Referrals to a mental health criminal justice Liaison and diversion team in the North East of England
*Journal of Forensic Psychiatry & Psychology, 30:2 (2019)*

## Learning Disabilities

“Living the life I want”: A framework for planning engagement with people with intellectual disability and complex support needs

Self-concept research with school-aged youth with intellectual disabilities: A systematic review

“You hear voices too?”: A hearing voices group for people with learning disabilities in a community mental health setting
*British Journal of Learning Disabilities, 47:1 (2019)*

## Occupational Therapy

Participation in Peer-Play Activities Among Children With Specific Learning Disability: A Randomized Controlled Trial
*American Journal of Occupational Therapy, 73:2 (2019)*
**Perinatal and Infant Mental Health**

- **Effects of male postpartum depression on father–infant interaction: The mediating role of face processing**
  *Infant Mental Health Journal, 40:2 (2019)*

- **Relapse in the first three months postpartum in women with history of serious mental illness**
  *Schizophrenia Research, 204 (2019)*

- **Association of Maternal and Paternal Depression in the Postnatal Period With Offspring Depression at Age 18 Years**
  *JAMA Psychiatry, 76:3 (2019)*

- **Effectiveness of eHealth Interventions to Reduce Perinatal Anxiety: A Systematic Review and Meta-Analysis**
  *Journal of Clinical Psychiatry, 80:1 (2019)*

**Personality Disorders**

- **‘Pets provide meaning and purpose’: a qualitative study of pet ownership from the perspectives of people diagnosed with borderline personality disorder**
  *Advances in Mental Health, 16:2 (2019)*

- **Mentalization-based treatment or psychodynamic treatment programmes for patients with borderline personality disorder – the impact of clinical severity**
  *Psychology and Psychotherapy, 92:1 (2019)*

- **Effectiveness of Electroconvulsive Therapy in Patients With Major Depressive Disorder and Comorbid Borderline Personality Disorder**
  *The Journal of ECT, 35:1 (2019)*

**Psychology and Psychotherapy**

- **Patient-Informed Treatment Development of Behavioral Smoking Cessation for People With Schizophrenia**
  *Behavior Therapy, 50:2 (2019)*

- **An evidence-based framework to culturally adapt cognitive behaviour therapy**
  *The Cognitive Behaviour Therapist, Volume 12 (2019)*

- **Research on emotional schemas: A review of findings and challenges**
  *Clinical Psychologist, 23:1 (2019)*

- **The links between adult attachment and post-traumatic stress: A systematic review**
  *Psychology and Psychotherapy, 92:1 (2019)*
Psychopharmacology

Systematic review and meta-analysis: Dose–response curve of SSRIs and SNRIs in anxiety disorders
*Depression and Anxiety*, 36:3 (2019)

Clozapine and all-cause mortality in treatment-resistant schizophrenia: a historical cohort study

Antipsychotic Use During Pregnancy and the Risk of Gestational Diabetes Mellitus

What are the psychological effects of using synthetic cannabinoids? A systematic review

Schizophrenia/Psychosis

Acceptance and Commitment Therapy for Psychosis and Trauma: Investigating Links between Trauma Severity, Attachment and Outcome

Childhood abuse and psychotic experiences in adulthood: findings from a 35-year longitudinal study

Cognitive Behavioral Therapy Plus Standard Care Versus Standard Care Plus Other Psychosocial Treatments for People With Schizophrenia

Sleep Disorders in Early Psychosis: Incidence, Severity, and Association With Clinical Symptoms

Dysglycaemia, Inflammation and Psychosis: Findings From the UK ALSPAC Birth Cohort

Self-harm and Suicide

Mediating and moderating variables in the prediction of self-harm in young people: A systematic review of prospective longitudinal studies
*Journal of Affective Disorders, Volume 246* (2019)

Interventions to reduce symptoms of common mental disorders and suicidal ideation in physicians: a systematic review and meta-analysis

Attempting to disentangle the relationship between impulsivity and longitudinal self-harm: Epidemiological analysis of UK household survey data

Carer insights into self-harm in the very old: A qualitative study
Service Development and Delivery

A review of the literature on peer support in mental health services

Can a carer (peer) led psychoeducation programme improve mental health carers well-being, reduce burden and enrich empowerment: a service evaluation study
The Journal of Mental Health Training, Education and Practice, 14:2 (2019)

Worldwide prevalence of falls in older adults with psychiatric disorders: A meta-analysis of observational studies
Psychiatry Research, Volume 273 (2019)

Social Work

Are the early benefits of the Adoption Support Fund (therapeutic support for adoptive families) sustainable?

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