News Headlines

New recruitment drive to help 10,000 people with serious mental illness
Clinical psychology in GP surgeries improves care and should be more widely available, says new report
Fast-track mental health social work course gets £18m boost to increase intake by 60%
Disadvantaged children ‘at greater risk of poor mental health’ due to covid-19

Reports

Worst hit: dementia during coronavirus
Alzheimer’s Society, September 2020

Ordinary and unique lives for adults with a learning disability and /or autism: a six steps approach
Institute of Public Care, September 2020

COVID-19: supporting adults with learning disabilities and autistic adults
Department of Health and Social Care, September 2020 (updated)

Next steps for funding mental healthcare in England: prevention
Royal College of Psychiatrists, September 2020
NICE Guidelines

Transcranial magnetic stimulation for auditory hallucinations
Interventional procedures guidance [IPG680], September 2020

Research Articles

Addictions

Variability and effectiveness of comparator group interventions in smoking cessation trials: a systematic review and meta-analysis
Addiction, 115:9 (2020)

Depressive symptoms predict smoking cessation in a 20-year longitudinal study of adult twins
Addictive Behaviors, 108 (2020)

“There Are Things I Want to Say But You Do Not Ask”: a Comparison Between Standardised and Individualised Evaluations in Substance Use Treatment

ADHD/Autism

Etiology of Autism Spectrum Disorders and Autistic Traits Over Time
JAMA Psychiatry, 77:9 (2020)

Social Cognitive Interventions for Adolescents with Autism Spectrum Disorders: A Systematic Review
Journal of Affective Disorders, Volume 274 (2020)

Anxiety Disorders

nothing new this issue

Child and Adolescent Mental Health
A cross-cultural qualitative study of the ethical aspects in the transition from child mental health services to adult mental health services
Child and Adolescent Mental Health, 25:3 (2020)

Toward precision therapeutics: general and specific factors differentiate symptom change in depressed adolescents

**Dementia**

Cognitive training interventions and depression in mild cognitive impairment and dementia: a systematic review and meta-analysis of randomized controlled trials
Age and Ageing, 49:5 (2020)

Non-pharmacological interventions to prevent hospital or nursing home admissions among community-dwelling older people with dementia: A systematic review and meta-analysis
Health and Social Care in the Community, 28:5 (2020)

**Depressive Disorders**

Psychological therapies for treatment-resistant depression in adults: a Cochrane Review
BJPsych Advances, 26:5 (2020)

Attitudes on pharmacogenetic testing in psychiatric patients with treatment-resistant depression
Depression and Anxiety, 37:9 (2020)

The moderating role of flexible goal adjustment in the link between pain and depressive symptoms: findings based on a nationally representative sample of older adults
Psychogeriatrics, 20:5 (2020)

**Dual Diagnosis**

A randomized trial of an integrated cognitive behavioral treatment protocol for adolescents receiving home-based services for co-occurring disorders
Journal of Substance Abuse Treatment, 116 (2020)

**Eating Disorders**

Meta-analysis on the long-term effectiveness of psychological and medical treatments for binge-eating disorder

Effectiveness of intensive cognitive behavioral therapy in adolescents and adults with anorexia nervosa

Benefits of yoga in the treatment of eating disorders: Results of a randomized controlled trial
Forensic Psychiatry

Designing a forensic mental health service delivery model: a multi-professional approach
*Journal of Forensic Practice, 22:3 (2020)*

Mental Health Act transfers from prison to psychiatric hospital over a six-year period in a region of England
*Journal of Criminal Psychology, 10:3 (2020)*

Learning Disabilities

Psychosocial interventions for people with intellectual disabilities and dementia: A systematic review

Communicating about death and dying with adults with intellectual disabilities who are terminally ill or bereaved: A UK-wide survey of intellectual disability support staff

Underdiagnosis of psychiatric disorders in people with intellectual disabilities: Differences between psychiatric disorders and challenging behaviour
*Journal of Intellectual Disabilities, 24:3 (2020)*

Occupational Therapy

Supporting sustainable occupational lives for partner caregivers of people with dementia
*British Journal of Occupational Therapy, 83:9 (2020)*

Perinatal and Infant Mental Health

The Risk of Relapse of Depression During Pregnancy After Discontinuation of Antidepressants: A Systematic Review and Meta-Analysis
*Journal of Clinical Psychiatry, 81:4 (2020)*

Effectiveness of cognitive behavioural therapy for perinatal depression: A systematic review and meta-analysis
*Journal of Clinical Nursing, 29:17-18 (2020)*

Personality Disorders

Multiple and interpersonal trauma are risk factors for both post-traumatic stress disorder and borderline personality disorder: A systematic review on the traumatic backgrounds and clinical characteristics of
comorbid post-traumatic stress disorder/borderline personality disorder groups versus single-disorder groups
Psychology and Psychotherapy, 93:3 (2020)

The weirdness of having a bunch of other minds like yours in the room: The lived experiences of mentalization-based therapy for borderline personality disorder
Psychology and Psychotherapy, 93:3 (2020)

Do Suicidal Behaviors Increase the Capability for Suicide? A Longitudinal Pretest–Posttest Study of More Than 1,000 High-Risk Individuals
Clinical Psychological Science, 8:5 (2020)

Fear of illness recurrence and mental health anxiety in people recovering from psychosis and common mental health problems
British Journal of Clinical Psychology, 59:3 (2020)

Implementation of Home-Based Telemental Health in a Large Child Psychiatry Department During the COVID-19 Crisis

Recurrence of Mania or Depression Among Adult Bipolar Patients Who Continued Using Lithium: A Single-group Summary Meta-analysis of Randomized Trials

Medical cannabis in the UK: From principle to practice

Aripiprazole for the treatment of delusional disorders: A systematic review
General Hospital Psychiatry, 66 (2020)

A systematic review of randomized controlled trials of psychoeducation interventions for patients diagnosed with schizophrenia

What Constitutes Sufficient Evidence for Case Formulation–Driven CBT for Psychosis? Cumulative Meta-analysis of the Effect on Hallucinations and Delusions

Antipsychotic medication versus psychological intervention versus a combination of both in adolescents with first-episode psychosis (MAPS): a multicentre, three-arm, randomised controlled pilot and feasibility study
Lancet Psychiatry, 7:9 (2020)
Cardiometabolic risk prediction algorithms for young people with psychosis: a systematic review and exploratory analysis  
*Aeta Psychiatrica Scandinavica, 142:3 (2020)*

**Self-harm and Suicide**

What do young people who self-harm find helpful? A comparative study of young people with and without experience of being looked after in care  
*Child and Adolescent Mental Health, 25:3 (2020)*

Community Based Support for People at Risk for Suicide and Those Who Care for them – Areas for Improvement  
*Archives of Suicide Research, 24:2 (2020)*

Who Is at Risk of Dying Young from Suicide and Sudden Violent Death? Common and Specific Risk Factors among Children, Adolescents, and Young Adults  
*Suicide and Life-Threatening Behavior, 50:4 (2020)*

Work related sexual harassment and risk of suicide and suicide attempts: prospective cohort study  
*BMC, 370 (2020)*

**Service Development and Delivery**

Connecting communities: A qualitative investigation of the challenges in delivering a national social prescribing service to reduce loneliness  
*Health and Social Care in the Community, 28:5 (2020)*

**Social Work**

Nothing new this issue

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